

Arthroscopy and Sports Medicine Clinic

Chart#: _____

Medical History Form

(Please use black ink)

Patient Name: _____ Appointment Date: _____ Referred by Dr: _____

Age: _____ Sex: F M Height: _____ Weight: _____ Dominant hand: R L Did you bring X-rays? Y N

Who is your primary physician? (name): _____ MD PA Clinic Name? _____

What is the reason for this visit? Pain Numbness Weakness Swelling Stiffness Other _____

Latex Allergy? Y N

What body part is involved? (Please mark the table below)

Shoulder <input type="checkbox"/> R <input type="checkbox"/> L	Elbow <input type="checkbox"/> R <input type="checkbox"/> L	Wrist <input type="checkbox"/> R <input type="checkbox"/> L	Hand <input type="checkbox"/> R <input type="checkbox"/> L	Hip <input type="checkbox"/> R <input type="checkbox"/> L	Knee <input type="checkbox"/> R <input type="checkbox"/> L	Ankle <input type="checkbox"/> R <input type="checkbox"/> L	Foot <input type="checkbox"/> R <input type="checkbox"/> L	Neck <input type="checkbox"/>	Back <input type="checkbox"/>
---	--	--	---	--	---	--	---	----------------------------------	----------------------------------

How long ago did it start? _____ Days _____ Weeks _____ Months _____ Years.

Have you had a problem like this before? Y N

In this section, check the ONE BOX which best describes how your problem started. Then answer the questions below the box you checked. Use as much space to the right as needed.

- NO INJURY** (or onset was: Gradual or Sudden)
Please indicate why do you think it started?
- INJURY** (Accident Sport (NOT Auto or Work)
Date: _____ Please specify where and how it happened.
What Sport? _____ School? _____
- INJURY AT WORK** Date: _____
From a: lift twist fall bend pull reach
- WORK RELATED (BUT NO INJURY)**
Date: _____ How did your job cause the problem?
- AUTO ACCIDENT** Date: _____ How was your car hit?

COMMENTS:

On a scale of 0 – 10 (10 is the worst) how severe is your pain? (circle) 0 1 2 3 4 5 6 7 8 9 10

What is the quality of the pain? Sharp Dull Stabbing Throbbing Aching Burning

The pain is: Constant Comes and goes (intermittent).

Does your pain wake you from your sleep? Y N

Do you have: Swelling Bruises Numbness Tingling Weakness
 Loss of control of bowel or bladder Locking/Catching Giving way

Since my problem started, it is: Getting better Getting worse Unchanged

What makes your symptoms worse? Standing Walking Lifting Exercise Twisting Lying in bed
 Bending Squatting Kneeling Stairs Sitting Coughing Sneezing

Which make your symptoms better? Rest Elevation Ice Heat Other: _____

What medications are you taking now? _____

ALLERGIC TO ANY MEDICATIONS? Y N if yes please list and describe reaction: _____

Have you had any of these treatments? Injection: Y N Brace: Y N Physical Therapy: Y N Cane/Crutch: Y N

Were you seen in the E.R. for this problem? N Y Which E.R.? _____ Date: _____

Are you here today as a result of an E.R. Visit? N Y Who saw you in E.R.? _____ MD PA

What test/scans have you had for this problem?

X-Rays MRI CAT Scan Bone Scan Nerve Test (EMG/NCV) Where? _____

Have you already had surgery for a problem in this same area either recently or in the past? N Y

Please list below:

Procedure #1 _____ Surgeon _____ City _____ Date _____
Procedure #2 _____ Surgeon _____ City _____ Date _____

Current work status? Regular Light duty - (how long? _____) Not working due to this problem
 Disabled Retired Student

When is the last date you worked your regular job? _____

Are you currently receiving or plan to apply for: Disability: Y N Worker's Comp: Y N Unemployment: Y N

Patient Name: _____

REVIEW OF SYSTEMS

Chart#: _____

Have you had a prior problem with this same Orthopedic condition in the past? N Y (explain below)

Do your other joints have: morning stiffness lasting over 30 minutes joint pain or swelling Back Pain Gout
 Rheumatoid arthritis Osteoporosis prior fracture (which bone) _____ None of these

Have you had any of these symptoms? If no, mark None.

				NONE	YEAR	Details/Comments
1) GI	<input type="checkbox"/> Heartburn, ulcers	<input type="checkbox"/> Nausea, Vomiting	<input type="checkbox"/> Blood in Stool	<input type="checkbox"/>	_____	<div style="border: 1px solid black; height: 100%; width: 100%;"></div>
	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Liver disease				
2) ENDO	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Heat or Cold Intolerance		<input type="checkbox"/>	_____	
3) CON	<input type="checkbox"/> Weight Loss	<input type="checkbox"/> Loss of Appetite		<input type="checkbox"/>	_____	
4) EYE	<input type="checkbox"/> Blurred Vision	<input type="checkbox"/> Double Vision	<input type="checkbox"/> Vision Loss	<input type="checkbox"/>	_____	
5) ENT	<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Hoarseness	<input type="checkbox"/> Trouble Swallowing	<input type="checkbox"/>	_____	
6) CV	<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Palpitations		<input type="checkbox"/>	_____	
7) RS	<input type="checkbox"/> Chronic Cough	<input type="checkbox"/> Shortness of Breath		<input type="checkbox"/>	_____	
8) GU	<input type="checkbox"/> Painful Urination	<input type="checkbox"/> Blood in Urine	<input type="checkbox"/> Kidney problems	<input type="checkbox"/>	_____	
9) SK	<input type="checkbox"/> Frequent Rashes	<input type="checkbox"/> Skin Ulcers	<input type="checkbox"/> Lumps <input type="checkbox"/> Psoriasis	<input type="checkbox"/>	_____	
10) NEU	<input type="checkbox"/> Headaches	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Seizures	<input type="checkbox"/>	_____	
11) PSY	<input type="checkbox"/> Depression	<input type="checkbox"/> Drug/Alcohol Addiction	<input type="checkbox"/> Sleep disorder	<input type="checkbox"/>	_____	
12) HEM	<input type="checkbox"/> Easy Bleeding	<input type="checkbox"/> Easy Bruising	<input type="checkbox"/> Anemia	<input type="checkbox"/>	_____	
13) ARE YOU HIV POSITIVE:	<input type="checkbox"/> N <input type="checkbox"/> Y					

PAST MEDICAL HISTORY

Are you Diabetic? N Y If Yes, treatment: Insulin Oral Meds Diet None

Are you taking, or have you ever taken, blood thinners? N Y If yes, which one? _____

Past Surgical History: What operations have you had and when? Please list: _____

Have you or a family member ever had a reaction to anesthesia? N Y EXPLAIN: _____

Past Hospitalizations: (Not for Surgery): _____ None

Have you ever had: Heart attack (year _____) High Blood Pressure Blood Clots (year _____) Stroke Heart Failure

Ankle Swelling Kidney failure Cancer (location _____)

Stomachache while taking anti-inflammatories (includes Advil/Aleve) What anti-inflammatories have you already had a problem with? _____

I do not have any of the above conditions.

FAMILY HISTORY: Have any direct relatives had any of the following disorders? If so, which relative?

Diabetes _____ High Blood Pressure _____ Rheumatoid Arthritis _____ NONE

Do any direct relatives have the same condition you are being seen for today? Y N

SOCIAL HISTORY:

Do you use tobacco? N Y If Yes, packs per day _____ Patient informed of Smoking Risk? Y

Alcohol use? N Y If yes, how often? Daily Other _____/week

Marital History: M S D W How many people live with you? _____

Occupation: _____ Student

Employer: _____

Do you plan to be working 6 months from now? Y N

PLEASE SIGN: The information on this form is accurate to the best of my knowledge.

Signature _____ Date _____

FOR OFFICE USE ONLY

Completed _____ Date _____

Review #1 by _____ MD Date: _____ Review #2 by _____ MD Date: _____